

Consideration times - 2009.xlr

19/11/2008	C NORTH MIDLAND ASA - CONSIDERATION TIMES							2009	
	The times listed below are consideration times (times slower than those published will not be accepted)								
	N.B. North Midlands reserve the right to reduce the number of entries to keep the galas to a reasonable length even if swimmers have achieved the consideration times.								
	Entries must have been achieved in the last TWELVE MONTHS in								
	(a) Licensed Meets at all levels.								
	(b) Other competitions that have OFFICIAL results sheets.								
	Club Time Trials will be accepted.								
	Age as at 25th January 2009								
	EVENT	9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15/O	
MALE									
	50 FREE	46.50	43.50	41.60	38.00	35.00	32.50	31.00	
	100 FREE			1.25.00	1.20.00	1.15.00	1.10.00	1.05.00	
	200 FREE	3.25.00	3.20.00	3.10.00	2.45.00	2.39.00	2.30.00	2.25.00	
	400 FREE			6.25.00	5.50.00	5.40.00	5.12.00	4.57.00	
	800 FREE			12.30.00	12.10.00	11.40.00	11.15.00	11.00.00	
	1500 FREE			23.30.00	23.00.00	22.30.00	22.00.00	21.30.00	
	50 BACK	52.00	49.60	46.60	43.00	40.00	38.00	36.00	
	100 BACK			1.40.00	1.35.00	1.28.00	1.22.00	1.15.00	
	200 BACK	3.40.00	3.30.00	3.20.00	3.10.00	3.00.00	2.50.00	2.45.00	
	50 BRST	56.00	54.00	52.00	48.50	46.00	43.50	41.00	
	100 BRST			1.49.00	1.42.00	1.37.00	1.33.50	1.30.00	
	200 BRST	4.15.00	4.06.60	3.59.00	3.49.00	3.40.00	3.30.00	3.18.00	
	50 FLY	55.00	52.00	49.00	47.00	44.00	41.00	38.00	
	100 FLY			1.40.00	1.31.00	1.26.00	1.20.00	1.17.00	
	200 FLY	4.20.00	4.00.00	3.40.00	3.25.00	3.15.00	3.00.00	2.50.00	
	100 I.M.	1.50.00	1.43.00	1.35.00	1.29.00	1.24.00	1.20.00	1.14.00	
	200 I.M.	4.00.00	3.45.00	3.28.00	3.15.00	3.05.00	2.55.00	2.45.00	
	400 I.M.			6.25.00	6.15.00	6.05.00	5.55.00	5.43.00	
FEMALE									
	50 FREE	47.00	45.00	43.00	40.00	37.50	35.00	34.00	
	100 FREE		1.33.50	1.27.00	1.22.00	1.18.00	1.14.00	1.11.00	
	200 FREE	3.30.00	3.25.00	3.15.00	3.00.00	2.52.00	2.40.00	2.35.00	
	400 FREE		6.50.00	6.35.00	6.00.00	5.48.00	5.22.00	5.15.00	
	800 FREE		14.30	13.10.00	12.30.00	11.50.00	11.30.00	11.10.00	
	1500 FREE			25.00.00	23.52.00	22.50.00	22.20.00	21.50.00	
	50 BACK	53.00	51.00	49.00	46.50	43.00	40.00	38.00	
	100 BACK		1.45.00	1.40.00	1.36.00	1.31.00	1.25.00	1.19.00	
	200 BACK	3.50.00	3.40.00	3.25.00	3.15.00	3.05.00	2.55.00	2.50.00	
	50 BRST	57.00	55.00	54.00	51.00	48.50	46.00	43.50	
	100 BRST		1.58.00	1.53.00	1.48.00	1.43.00	1.39.00	1.34.00	
	200 BRST	4.15.00	4.10.00	4.05.00	3.55.00	3.50.00	3.42.00	3.30.00	
	50 FLY	56.00	53.50	51.00	49.00	47.00	44.00	41.50	
	100 FLY		1.45.00	1.41.00	1.35.00	1.30.00	1.25.00	1.22.00	
	200 FLY	4.20.00	4.10.00	4.00.00	3.50.00	3.40.00	3.15.00	3.00.00	
	100 I.M.	1.50.00	1.45.00	1.40.00	1.35.00	1.30.00	1.25.00	1.20.00	
	200 I.M.	4.00.00	3.50.00	3.40.00	3.25.00	3.15.00	3.05.00	2.55.00	
	400 I.M.		7.00.00	6.50.00	6.40.00	6.25.00	6.10.00	6.00.00	